



6th Asian Orienteering Championships cum Asian Cup

21 - 26 December 2018 · Hong Kong

Bulletin 2

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Welcome

Welcome to the 6th Asian Orienteering Championships (6th AsOC) cum Asian Cup which will be held in Hong Kong from 21 to 26 December 2018! We, the Orienteering Association of Hong Kong are pleased and thankful for the responsibility we have been given to host the Championships.

Preparatory works have already been started and we promise to offer you high-class maps, terrains, competitions as well as all other associated activities. We hope that both the orienteers and spectators will have an unforgettable and amazing experience herein Hong Kong during the participation of the Championships!

The preliminary information of the competition can be found in this Bulletin and the updated information will be available in the future bulletins.

POON Ka Hang
Event Director

Programme

Date		Programme	Venue
Dec 21	(Fri)	Arrival, Accreditation & Registration	YHA Mei Ho House
Dec 22	(Sat)	Warm Up Event – Sprint - Middle Technical Model	North District Park Ngau Liu
Dec 23	(Sun)	Sprint Distance Opening Ceremony Asian Working Group Meeting	Sheung Shui Heung Fung Kai No.1 School YHA Mei Ho House
Dec 24	(Mon)	Rest Day	
Dec 25	(Tue)	Middle Distance	Shek Lung Kung
Dec 26	(Wed)	Middle Distance Relay Closing Banquet	Yuen Shan, Kam Tin Sha Tin
Dec 27	(Thu)	Departure	
Post AsOC Event			
Dec 30	(Sun)	HK Annual Orienteering Championships – Long (WRE Event)*	Cheung Sheung, Sai Kung

*Event details will be published in OAHK web site in due course

Asian Federations



China



India



Islamic Republic of Iran



Kazakhstan



Republic of Korea



Nepal



Singapore



Hong Kong



Indonesia



Japan



Kyrgyzstan



Malaysia



Democratic People's Republic of Korea



Chinese Taipei

Event Officials

IOF Senior Event Adviser

Mr. MURAKOSHI Shin

Assistant Event Adviser

Mr. INABA Hideo

Event Director

Mr. POON Ka Hang

Financial Director

Mr. YAN Kin Kong

Logistics Director

Mr. HUI Yau Chiu

Marketing Director

Mr. HUNG Fan Tai Barry

Technical Director

Mr. HUI Ngai Sang

Event Controller

(Chief)

Mr. NG Kam Fu Patrick

(Sprint)

Mr. LEE Man Wai

(Middle)

Mr. LEUNG Lam Freddy

(Middle Relay)

Mr. YAN Kin Kong

Event Organiser

(Sprint)

Ms. CHIU Lai Kwan

(Middle)

Mr. HO Tsz Hang Stephen

(Middle Relay)

Mr. KWONG Man Fai Timothy

Mapper

(Sprint)

Mr. CHOI Yuen Hang

(Middle)

Mr. CHUNG Chi Ming

(Middle Relay)

Mr. YU Sai Hong

Course Setter

(Sprint)

Mr. CHU Kam Hung

(Middle)

Mr. YU Sai Hong

(Middle Relay)

Mr. CHUNG Chi Ming



Competition Classes

AsOC Elite Classes

	Individual (Sprint / Middle)	Middle Relay (3 Legs)	Age Limit
Elite Classes	M/W 18E	M/W 18E	Born in or after 2000
	M/W 20E	M/W 20E	Born in or after 1998
	*M/W 21E	M/W 21E	No Age Limit

**Registered participants are eligible for Asian Cup score.*

All competitors must be full passport-holding citizens of the country they are representing.

Competitors representing member Federations of the IOF, defined by the International Olympic Committee as belonging to the Asian continent, can compete in AsOC.

Competitors representing other member Federations of the IOF can participate in AsOC but will not be eligible for Asian titles, medals or diplomas.

Federations may enter up to 10 men and 10 women in each Elite class of the individual competitions.

In the Middle Relay competitions, a federation may enter a maximum of 2 teams in each gender category, but only the better-placed team will be counted in the prize list.

AsOC Open Classes

	Individual (Sprint / Middle)	Middle Relay (3 Legs)	Age Limit
Open Classes	M/W 12		Born in or after 2006
	M/W 14	M/W 14	Born in or after 2004
	M/W 16	M/W 16	Born in or after 2002
	M/W 18A		Born in or after 2000
	M/W 20A	M/W 20	Born in or after 1998
	M/W 21A	M/W 21	No Age Limit
	M/W 35	M/W 35	Born in or before 1983
	M/W 40		Born in or before 1978
	M/W 45	M/W 45	Born in or before 1973
	M/W 50		Born in or before 1968
	M/W 55	M/W 55	Born in or before 1963
	M/W 60		Born in or before 1958
	M/W 65	M/W 65	Born in or before 1953
	M/W 70		Born in or before 1948

Open Classes are open to all participants, yet the minimum age is 10 years old.

The organizer reserves the right to combine classes with less than 4 entrants.

Maps, Courses and Terrains

Sprint Distance – Sheung Shui Heung

Scale: 1:4,000 / Contour Interval 2m

New map produced in 2018 in accordance to ISSOM2007



The sprint competition arena is made up of two separate areas : Sheung Shui Heung, also known as Sheung Shui Wai, an old village in the northern part of New Territories with a population of around 6,000 people and the Fung Kai No. 1 Secondary School which is the largest secondary school in the New Territories. The complex village and the school campus areas offer a mixture of man-made and open environment including irregular village type buildings, gardens, pathways and alleys, man-made features, sports grounds, individual trees, etc. In general, the terrain provides excellent runnability and visibility for sprinting while the dense path network and irregular building patterns allow a wide variety of route choice.

There is no particular hazard yet competitors are reminded to beware of unleashed dogs and vehicular access despite traffic control shall be implemented. Competitors are also reminded to respect the local residents by reducing noise during competition.



The preliminary course information is as follows:

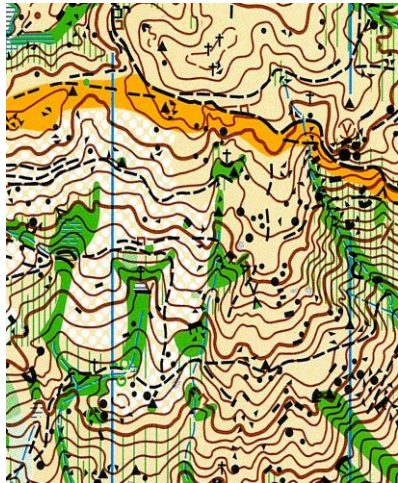
Class	Course Length (m)	Winning Time (min)	Class	Course Length (m)	Winning Time (min)
M18E	2,900	12-15	W18E	2,900	12-15
M20E	3,200		W20E	2,900	
M21E	3,200		W21E	3,200	
M12	2,000		W12	1,600	
M14	2,500		W14	2,000	
M16	2,600		W16	2,500	
M18A	2,900		W18A	2,600	
M20A	3,200		W20A	2,900	
M21A	3,200		W21A	2,900	
M35	3,200		W35	2,900	
M40	2,900		W40	2,600	
M45	2,600		W45	2,600	
M50	2,600		W50	2,500	
M55	2,500		W55	2,500	
M60	2,500		W60	2,000	
M65	2,000		W65	2,000	
M70	1,600		W70	1,600	

Middle Distance – Shek Lung Kung

Scale: 1:10,000 / Contour Interval 5m

1:7,500 enlarged maps for junior and senior classes

New map produced in 2018 in accordance to ISOM2017



Situated at the western part of the highest peak in Hong Kong, the venue is hilly with steep slopes and deep valleys. The highest hill in the area is around 470m above sea level. The competition area is covered by mixed vegetation, with about 15% of the area covered by white forests, another 25% covered by open and rough open area while the remaining 60% are covered by dense vegetation. Part of the area is dominated by extensive of boulder fields and stony ground which may hamper running speed. However, the area also covered by wide path networks and open areas which provide good visibility and runnability.

Stray cattle appear in area and will not do any harm to human. However, competitors are advised not to provoke or frighten the cattle and stay away from them as far as possible.



The preliminary course information is as follows:

Class	Course Length (m)	Climb (m)	Winning Time (min)	Class	Course Length (m)	Climb (m)	Winning Time (min)
M18E	3,200	115	25 – 30	W18E	2,800	105	25 – 30
M20E	3,200	115	25 – 30	W20E	2,800	105	25 – 30
M21E	3,500	135	30 – 35	W21E	3,100	115	30 – 35
M12	2,000	60	20 – 25	W12	2,000	60	20 – 25
M14	2,400	85	20 – 25	W14	2,300	85	20 – 25
M16	2,400	85	25 – 30	W16	2,300	85	25 – 30
M18A	2,600	90	25 – 30	W18A	2,400	85	25 – 30
M20A	2,600	90	25 – 30	W20A	2,400	85	25 – 30
M21A	2,800	105	30 – 35	W21A	2,600	90	25 – 30
M35	2,800	105	30 – 35	W35	2,400	85	25 – 30
M40	2,800	105	30 – 35	W40	2,400	85	25 – 30
M45	2,600	90	25 – 30	W45	2,300	85	25 – 30
M50	2,400	85	25 – 30	W50	2,300	85	25 – 30
M55	2,300	85	25 – 30	W55	2,200	80	25 – 30
M60	2,300	85	25 – 30	W60	2,200	80	25 – 30
M65	2,200	80	25 – 30	W65	2,000	60	25 – 30
M70	2,000	60	25 – 30	W70	2,000	60	25 – 30

Middle Distance Relay – Yuen Shan, Kam Tin

Scale: 1:7,500 / Contour Interval 5m

New map produced in 2018 in accordance to ISOM2017



The competition arena lies on a flat alluvial plain at the northwestern side of Tai Mo Shan and east of Yuen Long town. Yuen Shan is composed of farmland, wetland, villages and semi-open hills. Most of the area are covered by open to rough open vegetation and together with the wide-spread of path network enable good visibility and runnability. Hundreds of graves can be found in the area due to the favourable 'Feng Shui' of the area,

There are no particular hazards within the venue. However, there are graves in vicinity of the villages. Respecting the ancestors to the villagers, competitors are advised to not to step across the graves.

The preliminary course information is as follows:

Class	Per Team			Class	Per Team		
	Course Length (m)	Climb (m)	Winning Time (min)		Course Length (m)	Climb (m)	Winning Time (min)
M18E	9,600	300	90-105	W18E	9,300	240	90-105
M20E	9,600	300	90-105	W20E	9,300	240	90-105
M21E	10,500	360	90-105	W21E	9,600	270	90-105
M14	6,000	210	60-75	W14	6,000	210	60-75
M16	7,500	240	75-90	W16	7,500	240	75-90
M20A	7,500	240	90-105	W20A	7,500	240	90-105
M21A	7,500	240	90-105	W21A	7,500	240	90-105
M35	7,500	240	90-105	W35	6,900	240	90-105
M45	7,200	270	75-90	W45	6,900	240	75-90
M55	7,200	270	75-90	W55	6,900	240	75-90
M65	7,000	250	65-75	W65	6,500	200	65-75

Version of old maps of the area (if any) will be uploaded to the Event web-site in due course. Map extracts and more details on terrain descriptions will be published in the next Bulletins.



Competition Rules

The 2018 edition of [Competition Rules for IOF Foot Orienteering Events](#) including its Appendix 9 for The Asian Orienteering Championships and the current OAHK Competition By-Law will apply.

Anti Doping

Doping is forbidden: “Think positive – test negative”. All competitors shall follow the IOF Anti-Doping Code.

Clothing

For AsOC 2018, there are no regulations regarding clothing. However, full body cover is recommended for both Middle Distance and Middle Distance Relay events. No spikes are allowed in the Sprint Distance competition.

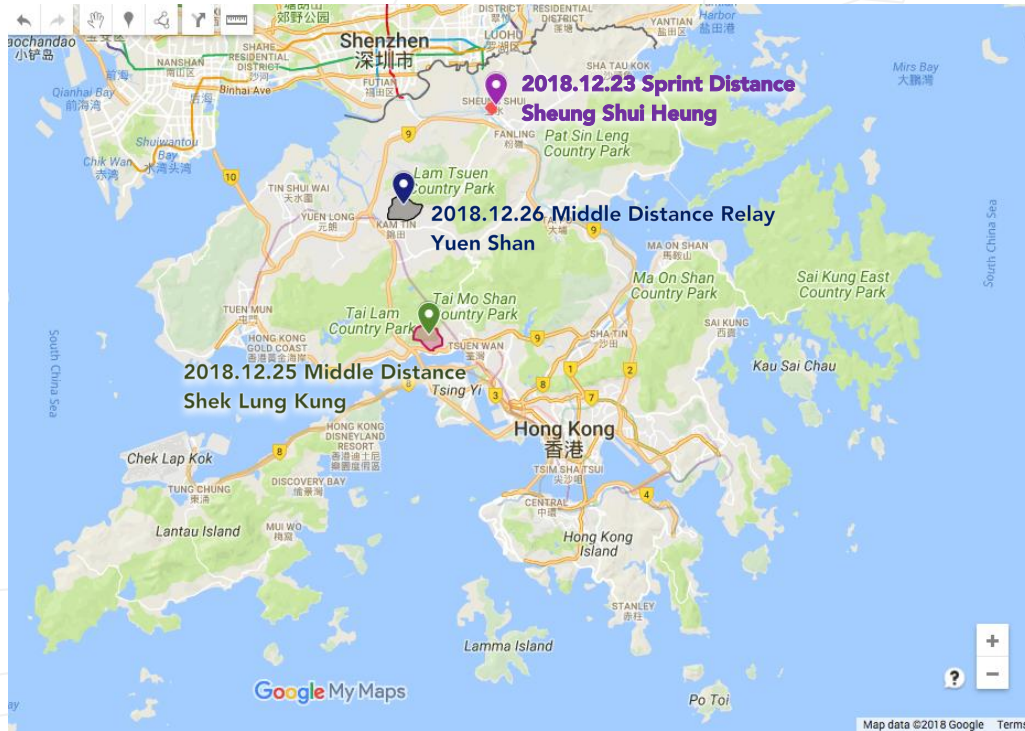
Punching System

The SPORTident punching system will be used in all competitions.

Rental of SPORTident card may be arranged upon request with a rental charge of \$100 per card for all the competitions. The card shall be returned to the organiser at the end of the competition. HKD \$280 will be charged on each card lost or damaged.

Embargoed Areas

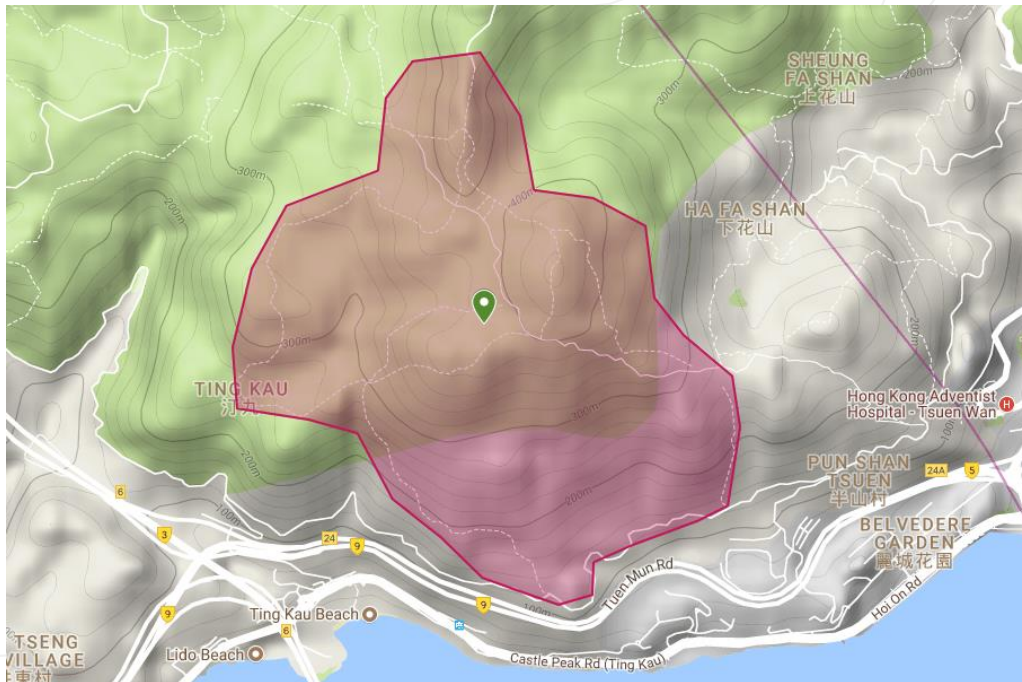
All competition areas have been embargoed from 1 October 2017.



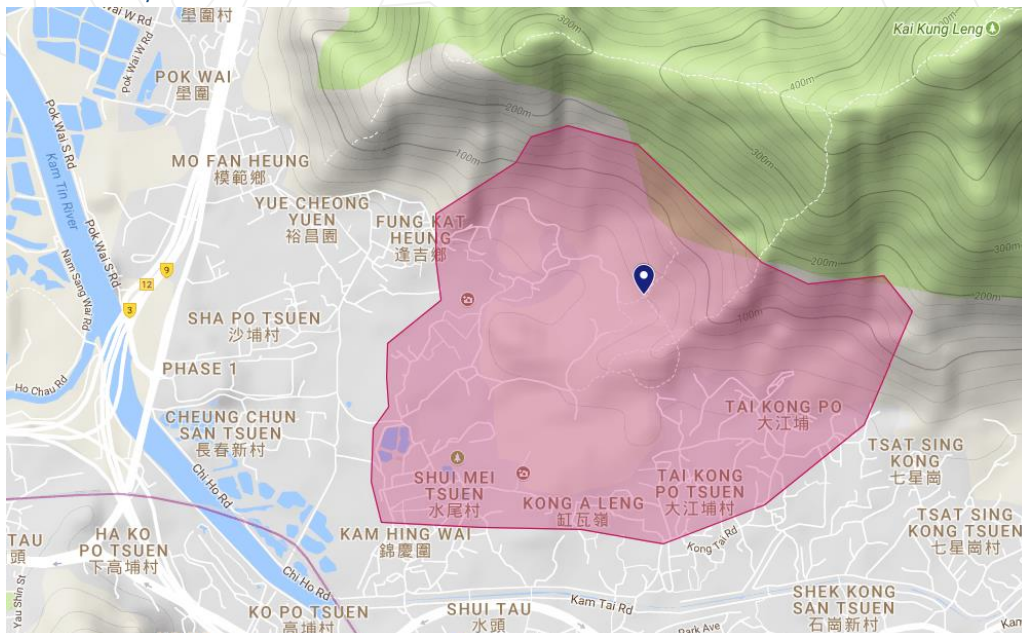
1. Sprint Distance Event on 23 Dec 2018 Sheung Shui Heung, New Territories



2. Middle Distance Event on 25 Dec 2018 Shek Lung Kung, New Territories



3. Middle Relay Event on 26 Dec 2018 Yuen Shan, New Territories



Entries & Entry Fees

Package fees are shown as follows.

	Early Bird 1 Jun to 31 Jul 2018	Normal Entry 1 Aug to 31 Oct 2018	Late Entry 1 Nov to 30 Nov 2018
Athletes' Package All entry fees Bed and Breakfast (Dec 21-27) Closing Banquet Official Transportation Souvenir	HKD \$4,000	HKD \$4,800	HKD \$6,000
Officials' Package 1 set of maps for all events Bed and Breakfast (Dec 21-27) Closing Banquet Official Transportation Souvenir	HKD \$4,000	HKD \$4,800	HKD \$6,000
Local Athletes' Package All entry fees Closing Banquet Official Transportation Souvenir	HKD \$800	HKD \$960	HKD \$1,200

The entry fees of individual races are shown as below.

	Early Bird 1 Jun to 31 Jul 2018	Normal Entry 1 Aug to 31 Oct 2018	Late Entry 1 Nov to 30 Nov 2018
Sprint	HKD \$200	HKD \$240	HKD \$300
Middle	HKD \$200	HKD \$240	HKD \$300
Middle Relay (per leg)	HKD \$100	HKD \$120	HKD \$150

The entry forms will be available on the [OAHK website](http://www.oahk.org.hk) (<http://www.oahk.org.hk>). The completed entry form shall be sent through email to asoc2018@oahk.org.hk by the respective deadlines with payment made. Official invoices and receipts may be provided upon request. The organiser reserves the right to deny entries if incomplete information is provided.

For overseas entries, payments are to be settled by telegraphic transfer or PayPal.

Beneficiary: Orienteering Association of Hong Kong
 Beneficiary Bank: The Hongkong and Shanghai Banking Corporation Ltd
 Bank Address: No. 1 Queen's Road Central, Hong Kong
 Account No.: 495-373540-003
 Swift Code: HSBCHKHHHKH

Each federation shall enter no more than 6 officials.

For local entries, official invoices will be issued together with PayPal link upon receipt.

Amendments to entries may be made, by email, latest by 31 October 2018. HKD \$100 will be levied on each request.

Cancellation may be made on or before 31 October 2018 with 50% of the relevant fees refunded.



Accommodation

The official accommodation is offered at YHA Mei Ho House. Twin hotel room type of accommodation will be provided in the hostel starting at \$1,000 per night. Bed and breakfast is included. In addition, registration and team official meeting will be held there.

Individual Bookings

Accommodation is included in the event packages. We would also offer accommodation to other competitors.

Breakfast

Both Chinese and western type breakfast are offered by the hostel. For vegetarian meals, please specify in the entry form.

	Early Bird 1 Jun to 31 Jul 2018	Normal Entry 1 Aug to 31 Oct 2018	Late Entry 1 Nov to 30 Nov 2018
Fee/night/person	HKD \$1,000	HKD \$1,200	HKD \$1,500

For details regarding locality and facilities, please visit the following website :
<https://www.yha.org.hk/en/hostel/yha-mei-ho-house-youth-hostel/>

Transportation

Official transportation is offered and can be reserved in the entry form. Buses will shuttle between the official accommodation and the event/banquet arenas.

Individual Bookings

Transportation is included in the event packages. We would also offer transportation to other competitors.

	Early Bird 1 Jun to 31 Jul 2018	Normal Entry 1 Aug to 31 Oct 2018	Late Entry 1 Nov to 30 Nov 2018
Official Transportation	HKD \$500	HKD \$600	HKD \$750

Ceremonies

Opening Ceremony

The opening ceremony will be held on 23 December 2018 (Sun) at Fung Kai No. 1 School. Athletes and officials are invited to join the opening.

Closing Banquet

The closing banquet will be held in the evening of 26 December 2018 (Wed) at Sha Tin. The fee for closing banquet is included in the event packages.

Fee for individual entry of closing banquet is as follows:

	Early Bird 1 Jun to 31 Jul 2018	Normal Entry 1 Aug to 31 Oct 2018	Late Entry 1 Nov to 30 Nov 2018
Closing Banquet	HKD \$350	HKD \$420	HKD \$525

Accreditation

Passports for all athletes shall be produced upon accreditation. The organiser reserves the right to prohibit athletes from competing until the required passports are properly inspected.

Training Opportunity

Warm up events including sprint and middle distance will be arranged on 22 Dec 2018. The warm up event for Sprint will be held at Fanling Wai, an old village type settlement which resembles similar terrain of the AsOC Sprint event at Sheung Shui Heung. The warm up event for Middle will be held at Ngau Liu which consists of rough open and forest type vegetation. The training venue locates at the eastern part of the AsOC Middle event venue at Shek Lung Kung. Both vegetation and topography of the two areas are very similar. The maps are also produced by the same mapper. Technical Model will also be held at one of the warm up event venue. Maps will be available at Event Centre and the training venue at the cost of HKD\$50 each.

After the AsOC 2018, a Long Distance WRE event will be held on 30 Dec 2018. Details will be published in due course.

Climate

Hong Kong's climate is sub-tropical, tending towards temperate for nearly half the year. During November and December, there are pleasant breezes and sunshine. Temperature usually ranges between 16-20 °C, whilst occasionally temperature may drop below 10 °C. the probability of rainfall is moderate.

Event Adviser Clinic

In conjunction to the AsOC 2018, an IOF Foot Orienteering Event - Event Adviser Clinic will be led by Ms. Unni Strand Karlsen on 21-22 December. Details of the Clinic will be issued in due course.

Visa Requirement

For information for visa requirement to visit Hong Kong, please check with the website of the Immigration Department of Hong Kong :

<https://www.immd.gov.hk/eng/services/visas/visit-transit/visit-visa-entry-permit.html>



Contact

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Bulletin 3 to be issued in Nov 2018

Bulletin 4 to be issued in Dec 2018 prior to the Championships