# The 5<sup>th</sup> Asian Orienteering Championships 2016 2016 年第五屆亞洲定向越野錦標賽







# **CHIA-YI, TAIWAN**

嘉義,臺灣

27 July – 1 August, 2016

2016年7月27日至8月1日

**Bulletin 3** 

三號公告



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# 2016年亞洲定向越野錦標賽 Asian Orienteering Championships 2016

# 捷足奪魁

# Be a Champion



教育部體育署

署長 何卓飛

Ho, Jow-Fei Director General, Sports Administration, Ministry of Education

# **Greetings from IOF President Brian Porteous**



If we ever doubted it, World Orienteering Day on 11 May 2016 proved once and for all that orienteering is a truly global sport. Participation in the day was especially strong in Asia and in welcoming everyone to the 5th Asian Orienteering Championships, I want to say a special thanks to all from Asia who supported World Orienteering Day. Also, I want, on behalf of the IOF to thank the Chinese Taipei Orienteering Association for hosting this important event on the occasion of their 20th birthday. To everyone involved -- athletes, coaches, organisers, sponsors and other supporters -- I wish you a most successful series of competitions. May you all have a wonderful time in Chinese Taipei and may you all continue to support our truly global and growing sport.

# **Message from the President of CTOA Cimmons Kao**



# A Warm Welcome to Taiwan

# 熱情歡迎蒞臨台灣

The 5<sup>th</sup> Asian Orienteering Championships (AsOC 2016) will be held in Taiwan.

Chinese Taipei Orienteering Association is pleased to welcome Asian and worldwide elite orienteers to take part in the Asian highest level orienteering event in Taiwan.

We are sure that AsOC 2016 will give you an enjoyable and unforgettable experience not only for the competitions but also for the friendships and culture.

Welcome to AsOC 2016 and welcome to Taiwan!

第五屆亞洲定向越野錦標賽(AsOC 2016)將於台灣舉行,中華台北定向越野協會以愉悅的心情歡迎亞洲及世界菁英定向越野運動員來到台灣,參加這項亞洲最高等級的比賽。 我們相信亞洲定向越野錦標賽除了激烈的競賽外,也將會帶給您在友誼與文化上無比的樂趣與難忘的經驗。

歡迎參加 2016 亞洲定向越野錦標賽,歡迎蒞臨台灣!



# **Organizer**

# 主辦單位

Chinese Taipei Orienteering Association (CTOA) 中華台北定向越野協會

# Co-Organizer 協辦單位

National Chung-Cheng University 國立中正大學

# **AsOC 2016 Organizing Committee**

Cimmons Kao President of CTOA

Tina Chen Secretary General of CTOA
Clement Chan (HKG) IOF Senior Event Adviser

Chun-Ming (Jimmy) Chen Event Director (IOF Senior Event Adviser)

Yau-Lung Jen National controller 1

Chang-Chan Yang National controller 2 (mapper for sprint maps)

Perola Olsson (SWE) Mapper for middle and relay races

# 2016 亞洲定向越野錦標賽賽事組織

高孟熙 CTOA 理事長 陳薇婷 CTOA 秘書長

陳志成 (香港) IOF 資深賽事督導

陳俊民 (Jimmy) 賽事主管 (IOF 資深賽事督導)

鄭僥龍 賽事控制員

楊昌展賽事控制員與短距離競賽繪圖員

Perola Olsson (瑞典) 中距離與接力賽繪圖員

### **Contact**

### 聯絡方式

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### **Event Center and Venue**

# 賽事中心與賽場

The event center is located at Chung-Cheng University (CCU, GPS: WGS84LL 120.470371, 23.559403) in Chia-Yi County with meeting rooms, stadium, gymnasium and swimming pool nearby.

The university campus is also used for model event and demonstration of technical model. The distances from event center to the competition venues are about 30 minutes to 1.5 hour respectively by bus.

The events will be organized at Chia-Yi Park, Chia-Yi University, Tsou-Ma-Lai Farm and Shinhua National Forest Arboretum.

賽事中心位於嘉義縣中正大學(GPS: WGS84LL 120.470371, 23.559403), 附近並有會議室、田徑場、體育館及游泳池。

中正大學校區亦是模擬賽與技術模擬示範的所在,由賽事中心至比賽場地乘車約30分鐘至1.5小時不等。

競賽場地包含嘉義公園、嘉義大學、走馬瀨農場與新化林場。

# **Classes and Participation Restrictions for AsOC 2016**

# 2016 亞錦賽競賽組別與報名限制

There are the following competition classes:

### 本次競賽共分為以下組別:

- 1. M20E, W20E, M21E and W21E (for national teams of IOF member federations only)
- 2. M/W 10, 12, 14, 16, 18, 20, 21, 35, 40, 45, 50, 55, 60, 65, 70+.
- 1. M20E, W20E, M21E and W21E (僅適用 IOF 會員協會之國家代表隊)
- 2. M/W 10, 12, 14, 16, 18, 20, 21, 35, 40, 45, 50, 55, 60, 65, 70+.

Competitors representing member federations of the IOF, defined by the International

Olympic Committee as belonging to the Asian continent, can compete in AsOC.

Competitors representing other member Federations of the IOF can participate in AsOC but will not be eligible for Asian titles, medals or diplomas. However, extra medals and diplomas for the WRE will be prepared for non-Asian athletes who have been ranked within 6 places together with the Asian winners.

屬於國際奧林匹克委員會(IOC)所定義之亞洲區域,且為國際定向越野運動總會之會員協會之代表隊選手能參與亞洲錦標賽。亞洲以外之選手參加亞錦賽,其成績將不進行亞錦賽頭銜的排名及頒發亞錦賽獎牌及證書。然而,因該組屬於菁英組世界排名賽,因此非亞洲之獲獎選手,將另行頒發世界排名賽獎牌與證書,並另行頒獎。



In the individual competitions, national teams of IOF member federations may enter up to 10 athletes in each class of M21E, W21E, M20E and W20E.

針對M21E、W21E、M20E及W20E組別之個人賽,屬於IOF會員之協會,每個組別最多可報名10位選手參賽。

In the relay competition for <u>elite classes</u>, a federation may enter maximum of 2 teams in each gender category and class, but only the better-placed team will be counted in the prize list.

屬於菁英組的接力賽,每個協會在不同的性別和組別,最多可以報名兩隊,但唯有成績較佳的一隊能進入頒獎的排名。

In the Sprint Relay, each Federation may enter 2 teams consisting of 4 <u>elite</u> team members of whom at least two must be women, but only the better-placed team will be counted in the prize list.

短距離接力賽,每個協會最多可以報名兩隊,隊員組成至少必須有兩位女性,且唯有 成績較佳的一隊能進入頒獎的排名。

Elite runners of the national teams including M/W20E & M/W21E who do not run the relay competitions may take part in the individual events of middle 2 and sprint 2. However, their results will not be in the prize list.

各國家隊菁英選手包含菁英組男女 20 歲及 21 歲組別,若未出賽兩場接力比賽,可參加中距離 2 及短距離 2 的比賽,但其成績將無法獲頒獎項。

The organiser reserves the right to combine all age classes with less than 4 entrants. 當單一組別報名人數少於四人時,賽事主管有權將其與其他組別併組比賽。

### **IOF Member Federations in Asia**

## IOF 亞洲會員協會



# **Competition Rules**

The 2015 edition of Competition Rules for IOF Foot Orienteering Events and its Appendix 8 (The Asian Orienteering Championships) will be applied to the AsOC 2016.

本次賽會以國際定向越野總會 2015 年版本之徒步定向越野規則為依據,包含其附錄之 亞洲定向越野錦標賽規程。



# The Terrain and Preliminary Course Information

					Win	ning Tim	e (minutes) 勝	出時間	
Events 賽事	Map 地圖	Terrain 場地	Map Scale 比例尺	Contour Interval 等高線	M/W 10, 12	M/W 14,60, 65,70	M/W 16,18,20, 21,35, 40,45,50,55	M20E W20E M21E W21E	
Sprint 短距離	Chia-Yi Park 嘉義公園	Park 公園	1:4000	2m	15	15	15	15	
Middle	Shinhua National Forest	Forest	1:10000	5m				30-35	
中距離	Arboretum 新化林場	山林	1:7500	5m	25-35	25-35	25-35		
Sprint Relay 短距離 接力	Chia-Yi University 嘉義大學	Campus 校園	1:5000	2m	(	12-15 (per leg)			
Relay 接力	Tsou-Ma-Lai Farm 走馬瀨農場	Farm and forest 農場及山林	1:5000*	2.5m		30-35 (per leg)			
Model sprint	Chung-Cheng	Campus 校園	1:5000	2m	(not applicable) (不適用)				
Model middle	University 中正大學	Forest 山林	1:5000	2m					

\*Map scale for relay had been approved by IOF.

## **Event Entries for AsOC 2016**

## 報名

Deadline for preliminary entries: March 31, 2016

Deadline for final entries with the complete personal information: May 31, 2016

Entries will not be valid until receipt of the payment of the entry and accreditation fees has been received by the organizer.

The national teams of IOF member federations are requested to submit the preliminary entry forms in due course.

AsOC 2016 第一階段報名截止日為 2016 年 3 月 31 日

AsOC 2016 第二階段完整報名截止日為 2016 年 5 月 31 日

報名是否完成,是以主辦單位收到報名表及相關費用繳款為依據。

隸屬於 IOF 會員協會之國家代表隊,請務必於第一階段完成繳交填寫完成之報名表格。



# **Event Entry Fees for AsOC 2016 (VIPs, MEDIAs, and Elite Classes)**

# AsOC 2016 報名費用 (貴賓、媒體與菁英組選手適用)

Accreditation and fees for team members	Per person
註冊費用	每人
Accreditation fee for VIPs (President of federation) and medias	Free
貴賓與媒體	免費
Accreditation fee for athletes 選手	NT\$300
Accreditation fee for team officials	NT\$500
Entry fee for Sprint 短距離報名費	NT\$600
Entry fee for Middle 中距離報名費	NT\$600
Entry fee for Sprint Relay 短距離接力賽報名費	NT\$600
Entry fee for Relay 接力賽報名費	NT\$600
Transport package for competitions 賽場接送交通費	NT\$1200
Banquet including transportation 晚會及接送交通	NT\$1000

The accreditation includes: ID card, model event maps, souvenir, start and result list. 註冊費包含賽會識別證、模擬賽圖、紀念品、出發序及成績報告 Only AsOC 2016 officials and athletes with ID cards can enter the quarantine zone, take part in team official meeting and use CCU sport facilities during its opening hours. 僅 AsOC 2016 註冊之隊職員及選手,憑識別證得依規定進入比賽管制區、參加領隊會議及在開放時段使用體育館設施。

# **Event Entry Fees for Other Age Classes**

# 其他年龄組別報名費

Fees for participants	Per person
註冊費用	每人
M/W 21, 35,40,45,50,55 (Sprint 1 or Sprint 2) 短距離 1 或 2	NT\$500
M/W 21, 35,40,45,50,55 (Middle 1 or Middle 2) 中距離 1 或 2	NT\$500
M/W 10, 12, 14, 16, 18, 20, 60, 65, 70 (Sprint 1 or Sprint 2)	NT\$400
短距離1或2	
M/W 10, 12, 14, 16, 18, 20, 60, 65, 70 (Middle 1 or Middle 2)	NT\$400
中距離1或2	
Transport package for competitions 賽場接送交通費	NT\$1200
Banquet including transportation 晚會及接送交通	NT\$1000
Model event map can be purchased at the event center office durin	g its opening hours.
CCU sport facilities tickets can be purchased at the front desk of the	ne gym.
模擬賽圖可於賽事中心開放時間購買,使用中正大學運動設施	5.需依規定購票。

# Extra cost to enter Shinhua National Forest and Tsou-Ma-Lai Farm 新化林場及走馬瀨農場的額外費用

There is an extra cost for the team officials and athletes who do not register for middle and middle 2 (relay) races to enter the competition area. The forest park and farm admission tickets are 100 and 120 NT which is needed to be paid on the arrival day. There is also a parking fee for Tsou-Ma-Lai Farm. No car is allowed to enter all other competition areas. 註冊的隊職員與未報名中距離及中距離 2 (接力賽)欲進入新化林場及走馬瀨農場需額外支付 100 元及 120 元的進場門票,費用須於報到時一併付清。走馬瀨農場停車需付費,其他賽場車輛皆不得進入。

# Entry into Taiwan (ROC VISA) 入境台灣

Foreign passport holders require a valid visa or landing visa to enter the Republic of China (Taiwan), however, many countries are visa exempt. Please contact the ROC (Taiwan) embassy in your country and/or browse the website of the National Immigration Agency of Taiwan, ROC (<a href="www.immigration.gov.tw">www.immigration.gov.tw</a>) for further information on the requirement. Athletes, who need invitation for VISA application, please contact AsOC 2016 event director, Jimmy Chen, by email (asoc2016@yahoo.com) for further assistance. 持外國護照入境臺灣者,必須事先申請有效簽證或部分國家可以申請落地簽證,然而有許多與臺灣有免簽協議的國家則無需簽證。詳細辦法請聯絡當地的臺灣駐外使館或辦事處,或是上網查詢臺灣入境管理局網站(www.immigration.gov.tw),做進一步的接洽與查詢。國外選手如需邀請函申請入境者,請親自寫信至賽事主管陳俊民電子信箱(asoc2016@yahoo.com)洽詢。

# Arrival and Check-in 到達與報到

All officials and athletes must check-in at the event center with their valid photo ID on the arrival date on 26th or 27th of July to collect their photo ID (made on-site), number bib, tickets, and SI-card (for elite & rental) in person. The team check-in process can be done by team manager as well. However, the digital photos with team ID and names of the officials and athletes must reach the CTOA office by 20th of July through email (orienteeringtw@yahoo.com.tw) in order to make photo IDs in advance.

所有的隊職員及選手必須於7月26日或27日攜帶有效照片證件親自報到,以便當場拍照製作相關證件並領取號碼布、餐券、SI電子指卡(菁英及租用者)等。團隊亦可由領隊統一領取,但請事先於7月20日前將隊職員及選手之照片(附以名字及team ID當作檔名)寄到CTOA電子信箱(orienteeringtw@yahoo.com.tw)以便事先製作照片證件。



# The Opening Hours of the Event Center in CCU

# 中正大學賽事中心開放時間

The event center will be opened as the following hours:

### 賽事中心開放時間如下:

26 July	27 July	28 July	29 July	30 July	31 July
16:00-21:00	09:00-23:00	18:00-21:00	18:00-21:00	18:00-21:00	18:00-21:00

# National Flag and Anthem 國旗與國歌

All national teams of Asian Federations and other federations/national teams are requested to bring 6 national flags for opening ceremony parade and closing ceremony. National flags can submit at the event center on the arrival day 27th July. Asian national teams may also check their national anthems for the prize giving ceremonies at the event center on 27th July. 所有亞洲會員國國家代表隊和其他會員國/國家代表隊,請攜帶 6 面國旗於 27 日報到當天繳交至賽事中心,以作為開幕典禮繞場和閉幕典禮的使用。其他非亞洲或非 IOF會員國也請攜帶 2 面國旗,作為開幕典禮繞場使用。27 日報到當天也請亞洲國家隊隊職員確認各國國歌,以作為頒獎典禮使用。

# More Training Opportunity 額外的訓練機會

Apart from the last training camp held in Feb. 2016, more training prior to the AsOC2016 can be arranged on request.

除了已於2016年2月舉辦的訓練營之外,額外的亞錦賽賽前訓練也可按要求而安排。

# Clothing Restrictions 比賽服裝限制

No metal spike shoes are allowed for sprint and sprint relay competitions. Full body cover is recommended for middle distance and relay competitions.

短距離與短距離接力賽之參賽選手不得穿著有金屬釘之跑鞋,中距離及接力賽選手則 建議穿著長袖長褲。



# AsOC 2016 PROGRAMME for Elite Classes 菁英組賽程表

Date	Time	Venue	Events
日期	時間	地點	活動內容
Wed., July 27	08:00-17:00	CCU	Arrival
			抵達
	14:00-17:00	CCU	Model event & technical model
		event center	模擬賽與技術模擬
	19:00-20:00	CCU	National Team official meeting (sprint)
		event center	國家隊短距離賽領隊會議
Thur., July 28	10:00-14:00	Chia-Yi Park	Sprint (elite classes) 菁英組短距離賽
			Sprint 1 (other age classes) 其他組短距離 1
	16:30-18:00	CCU	Opening ceremony & prize giving
		gymnasium	開幕典禮與頒獎典禮
	19:00-20:00	Event center	National Team official meeting (middle)
			國家隊中距離賽領隊會議
Fri., July 29	10:00-15:00	Shinhua	Middle (elite classes) 菁英組中距離
		Forest	Middle 1 (other age classes) 其他組別中距離 1
	16:30-18:00	CCU	Prize giving
		event center	頒獎典禮
	20:00-	]	Asian Working Group Meeting
			亞洲會議
Sat., July 30	08:00-16:00	Tainan	Rest day and sightseeing
			休息日與旅遊
	19:00-20:00	CCU	National Team official meeting (relay)
		event center	國家隊接力賽領隊會議
Sun., July 31	10:00-15:00	T-M-L Farm	Relay (elite classes) 菁英組接力
-			Middle 2 (other age classes) 其他組別中距離 2
	16:30-18:00	CCU	Prize giving
		event center	頒獎典禮
	19:00-20:00		National Team official meeting (sprint relay)
			國家隊短距離接力賽領隊會議
Mon., August 1	10:00-14:00	Chia-Yi	Sprint relay (elite classes) 短距離接力賽
		University	Sprint 2 (other age classes) 其他組別短距離 2
	16:00-18:00	CCU	Prize giving
		event center	頒獎典禮
	18:30-	Nice Prince	Closing ceremony and banquet
		Hotel	閉幕典禮與歡送酒會
Tue., August 2	08:00-		Departure
			離境

# AsOC 2016 PROGRAMME (Other Age Classes)其他組別賽程表

Date	Time	Venue	Events
日期	時間	地點	活動內容
Wed., July 27	08:00-17:00	CCU	Arrival
			抵達
	14:00-17:00	CCU	Model event & technical model
		event center	模擬賽與技術模擬
Thur., July 28	11:00-14:00	Chia-Yi Park	Sprint 1
			短距離 1
	16:30-18:00	CCU	Opening ceremony & prize giving (sprint 1)
		gymnasium	開幕與頒獎典禮(短距離 1)
Fri., July 29	11:00-15:00	Shinhua	Middle 1
		Forest	中距離 1
	16:30-18:00	CCU	Prize giving (middle 1)
		event center	頒獎典禮(中距離 1)
Sat., July 30	08:00-16:00	Tainan	Rest day and sightseeing
			休息日與旅遊
Sun., July 31	11:00-15:00	T-M-L Farm	Middle 2
			中距離 2
	16:30-18:00	CCU	Prize giving (middle 2)
		event center	頒獎典禮(中距離 2)
Mon., August 1	11:00-14:00	Chia-Yi	Sprint 2
		University	短距離 2
	16:00-17:50	CCU	Prize giving (sprint 2)
		event center	頒獎典禮(短距離 2)
	18:30-	Nice Prince	Closing ceremony and banquet
		Hotel	閉幕及晚會
Tue., August 2	08:00-		Departure
			離境

# Locations of Event Center and Ceremonies 賽事中心與典禮位置



# Start Draw 出發時間抽籤

The start draw for individual's events and the course draw for relays will be controlled for 20E & 21E classes, and be approved by the event adviser. National team managers must submit the start order form with athletes' name and team manager's signature at the defined time and at the event center one day before the event.

20 歲與 21 歲菁英組的個人賽出發序與接力賽賽程組別,將依出賽表單以抽籤方式進行,並經過賽事督導同意後公告。各國家隊教練必須將具選手姓名之出賽單簽名後, 於比賽前一天繳交至指定的賽事中心。

Other age classes start list will be decided by the organizer.

其他年齡組別之出發序將由賽事組織決定。

The start list will be announced on the AsOC official website, CCU event center, competition area, and Hoya resort Hotel bulletin board. The hard copy paper will be given to the team managers at the Team Official Meetings (TOMs) as well.

各組的出發序將於 AsOC 官方網頁、國立中正大學之賽事中心、比賽當天賽區及富野酒店公告欄公告,出發序紙本亦將於每次的技術會議中發給各領隊。



# Opening Ceremony, Prize Giving Ceremonies, and Closing Ceremony 開幕典禮、頒獎典禮及閉幕典禮

The opening ceremony together with the prize giving ceremony of sprint event will take place at the gymnasium of CCU at 4pm on 28th July. All VIPs, team managers, athletes, and guests are welcome to celebrate the biggest Asian orienteering event together. The Chinese Taipei Orienteering Association had invited some traditional and spectacular performing groups to welcome you from all over the world. There will also be a parade of the Asian national teams and international teams.

開幕典禮與短距離賽頒獎典禮將於7月28日下午4時於國立中正大學體育館舉辦,大會邀請所有的貴賓、隊職員及選手共同慶祝這個亞洲最盛大的定向越野賽事。中華臺北定向越野協會已邀請非常精彩的表演團體來歡迎來自世界各地的朋友,會中亦有安排各亞洲國家代表隊(菁英組別)及其他國家代表隊(一般組別)進行繞場。

Apart from the sprint event prizing giving ceremony, all other prizing giving ceremonies will take place at the event center of CCU starting at 4:30pm (4pm on 1st Aug). 除了短距離賽以外,其他賽事的頒獎典禮都將於國立中正大學的賽事中心舉辦,開始時間皆在下午 4:30 舉行(8 月 1 日為下午 4 點開始)。

The closing ceremony is taking place at Nice Prince Hotel together with the banquet. Only invited guest and who buy the AsOC banquet admission ticket can take part in the ceremony. The shuttle buses to the closing ceremony will departure from Hoya Resort Hotel at 6pm and return from Nice Prince Hotel around 9:30pm.

閉幕典禮將於嘉義市耐斯王子飯店舉辦,唯有受邀貴賓及付費的人員可以參加,交通 車將於下午6點由富野飯店前出發,回程車輛約於9點30分於耐斯王子飯店出發。

# **Time Keeping and Punching System**

# 計時與打卡系統

The SPORTident (SI) punching system will be used during AsOC 2016. SI-card 9 or higher version will be provided for all national teams (elite classes). SPORTident equipment will be demonstrated at the Model Events for all competitors of AsOC 2016. SI card rental is included in the entry fee for elite classes. For other age classes, participants can prepare their own SI-card or rent a SI-card from event center. The rental fee for SI-card is 200NT dollars for 4 events. However, payment of 2000NT dollars per card must be paid to the organizer of any damage and lost.

All competition applies punching start and punching finish method to estimate the results. Remarks: The SI touch-free system will not be used for Sprint Relay.



本次亞錦賽將使用 SPORTident 為官方計時系統,賽事組織將提供給國家代表隊菁英組成員 SI-9 或以上等級的指卡,SPORTident 計時器材也將於模擬賽中演示。菁英組的 SI 指卡租借費用已包含在註冊費中,其他組別則需要自備指卡,也可以向賽事組織租用指卡,使用四天的比賽租金為新臺幣 200 元整。然而任何指卡損壞或遺失發生時,每一支 SI 指卡須支付新臺幣 2000 元賠償。

所有比賽選手都必須打卡感應出發,並於終點打卡感應結束,作為成績的依據。 備註:短途接力賽將不會採用 SPORTident 的免打卡式系統。

# **Sightseeing**

### 旅遊

One day trip to give foreign competitor experiencing the local culture and sightseeing will be organized on the resting day on Saturday 30<sup>th</sup> July. The first considerations are Anping Harbour National Historical Park in Tainan city and other famous landmarks nearby which are full of local history and artistic characteristics. It must be worthy to visit.

The cost of the sightseeing tour is 1200 NT dollars per person including transportation, lunch, tickets, and enjoyment. (Insurance is not included.)

大會針對所有外國選手,將於7月30日競賽休息日安排一天當地文化與景點的旅遊, 目前以台南市安平港國家歷史公園與附近著名景點為首要考量,這些都是富有在地文 化與藝術的安排,絕對值得一遊。

參加休息日旅遊行程的費用為每人新台幣 1200 元,包含交通、午餐、門票及所有的歡樂。(未含保險)

# Accommodation, Transportation, and Catering

# 住宿、交通與飲食

Competitors and team officials are expected to arrive on Wednesday 27<sup>th</sup> July and take part in the model event and technical model at CCU. The official hotel, Hoya Resort Hotel Chiayi (<a href="http://www.hoyaresort.com.tw/Chiayi/index.aspx">http://www.hoyaresort.com.tw/Chiayi/index.aspx</a>; GPS: 120.469293, 23.558268), is 3 minutes away from the event center by walking. Please note that July and August are busy season for travelling and sightseeing in Taiwan. Early return of accommodation booking form is recommended. Teams or competitors who live other than the official hotel need to arrange their own transportation for model event, technical model, meetings and ceremonies. 大會建議選手與隊職員於7月27日抵達中正大學會場,報到並參加當天的模擬賽與技術模擬。官方的住宿旅館為嘉義富野度假酒店

(<a href="http://www.hoyaresort.com.tw/Chiayi/index.aspx">http://www.hoyaresort.com.tw/Chiayi/index.aspx</a>; GPS: 120.469293, 23.558268),離賽事中心僅3分鐘走路的距離。因七、八月為臺灣的旅遊旺季,建議各協會儘早回傳大會



住宿的訂單。自行安排住宿之隊伍與選手,也請自行安排出席模擬賽、技術模擬、各項會議及典禮的交通。

The official hotel rooms at Hoya Resort Hotel are reserved mainly for the national teams of IOF member federations based on first come first served basis. Second priority will be given to the other teams or entrants for the booking. However, all the booking must be reached the organizer not later than March 31.

官方的嘉義富野度假酒店之客房主要以 IOF 會員之國家隊入住為主,先預定的協會將 先行安排住宿,當仍有空房時,再提供其他報名選手住宿。請有意預約的國家協會, 儘快於 3 月 31 日前傳回預約單。

AsOC 2016 office will accept requests for accommodation according to the categories below. AsOC 2016 主辦單位規劃以下的不同房型,提供各協會及選手選擇。

Categories	Cost (per room per night)
Room with one king size bed	NT\$1,800 including 1 or 2 breakfasts
一大床	新台幣 1800 元含 2 客早餐
Room with two single beds	NT\$1,800 including 2 breakfasts
兩張單人床	新台幣 1800 元含 2 客早餐
Type B + 1 sofa bed	NT\$2,400 including 3 breakfasts
房型 B 加一張沙發床	新台幣 2400 元含 3 客早餐
Room with two queen size beds	NT\$2,600 including 4 breakfasts
(For family or friends who don't mind	新台幣 2600 元含 4 客早餐
to share bed. Maximum for 4 people.)	
兩張中型床(適合家庭或朋友願意合	
住者,最多4人進住。)	





A free shuttle bus will be arranged every 1 to 1.5 hour on Wednesday 27<sup>th</sup> July, from 10am to 6pm, from Chia-Yi High Speed Rail station to official Hoya Resort Hotel Chiayi. A service desk with volunteers at the station lobby will arrange the seats for arrival teams and competitors. Please reserved your seat from the volunteers when you arrive.

大會於7月27日星期三早上10點至下午5點,於嘉義高鐵站,每1至1.5小時安排 一班免費的接駁車,前往嘉義富野度假酒店。屆時車站大廳將安排志工協助代表隊及 選手搭車,抵達嘉義高鐵站時請先向志工登記座位順序上車。

Teams or competitors who miss the free shuttle bus can take taxi which will cost about NT\$600 to Hoya Resort Hotel Chiayi or Chung-Cheng University.

比賽隊伍及選手無法搭乘免費接駁車者,可自費搭計程車抵達嘉義富野度假酒店或中 正大學,每部單程費用約新台幣 600 元整。

Transport package for AsOC 2016 is offered at a cost of NT\$1,200. This includes transportation to/from competition areas departure from the event center (or official hotel), and the trip from Hoya Resort Hotel Chiayi to Chia-Yi High Speed Rail on the departure day, Tuesday 2<sup>nd</sup> August morning.

The transportation package must be reserved together with final entry form. 競賽期間大會提供住宿地點(或賽事中心)往返賽場的交通套票為新台幣 1200 元,包含 4 場比賽的交通,以及 8 月 2 日早上由官方酒店前往嘉義高鐵站之交通。 交通套票預訂作業必須與最終的報名表格一併寄出。



Participants can arrange their own catering especially for food restriction athletes such as vegetarian. AsOC 2016 can offer lunch box (normally with bread, drink and fruit) and buffet dinner (for no food restriction) at the event center during competition dates.

The prices will be NT\$100 for one lunch box and NT\$120 for one buffet dinner.

The meals also need to be reserved together with the entry form.

Please noted, there will be no lunch arrangement on the resting day for the people who do not attend the sightseeing tour.

參賽選手可以自行安排用餐,尤其是在飲食上有特別要求者(例如全素食)。大會於競賽 日期可為選手及隊職員安排午餐盒(通常為麵包、點心及飲料)或中式便當,以及在賽事 中心安排自助式晚餐,午餐費用每次為新台幣 100 元,晚餐為新台幣 120 元。用餐預 訂單亦須與報名表一併寄出。

請注意,休息日當天未參加旅遊行程之人員,不提供午餐服務,請自行用餐。

A banquet will be arranged in collaboration with the AsOC 2016 closing ceremony at 5 stars Nice Prince Hotel 7F, Fusion Restaurant, Chia-Yi city. The banquet price is NT\$1000/person including transportation to be paid together with the payment of accommodation and catering charges.

歡送餐會將與大會閉幕典禮於嘉義市五星級耐斯王子大飯店七樓萬國百匯餐廳一同舉辦,餐會費用含往返交通接送為新台幣 1000 元整,此費用請與住宿及訂餐費用一併繳清。





# Timetable of Transportation during AsOC 2016 交通車時間表

Date	Destination	Ti	me	
日期	目的地	發車	時間	
27th	Chia-Yi HSR – Hoya Resort Hotel	10:00; 11:00;	12:00; 13:00;	Foreign athletes
July	嘉義高鐵站-富野酒店	14:00; 15:00;	16:00; 17:00	外國選手
		First bus	Last bus	
		第一班車	最後一班車	
	Hoya Resort Hotel – Chia-Yi Park	08	:30	M/W 21 & 20 Elite classes
28th	富野酒店-嘉義公園	09:00	10:00	Other age groups
July	Chia-Yi Park – Hoya Resort Hotel 嘉義公園–富野酒店	13:00	14:30	All
	Hoya Resort Hotel – Shinhua National	07	:40	M/W 21 & 20 Elite classes
29th	Forest Arboretum 富野酒店-新化林場	08:30	09:30	Other age groups
July	Shinhua National Forest Arboretum – Hoya Resort Hotel 新化林場-富野酒店	13:00	14:30	All
30th July	Hoya Resort Hotel – Tainan 富野酒店–台南	09	:00	Sightseeing
	Hoya Resort Hotel – Tsou-Ma-Lai Farm	07	:40	M/W 21 & 20 Elite classes
31st	富野酒店-走馬瀨農場	08:30	09:30	Other age groups
July	Tsou-Ma-Lai Farm – Hoya Resort Hotel 走馬瀨農場–富野酒店	14:00	14:30	All
	Hoya Resort Hotel – Chia-Yi University	08	:30	M/W 21 & 20 Elite classes
	富野酒店-嘉義大學	09:00	09:30	Other age groups
1st Aug	Chia-Yi University – Hoya Resort Hotel 嘉義大學-富野酒店	13:00	13:30	
	Hoya Resort Hotel - Nice Prince Hotel 富野酒店-耐斯王子酒店	17:50	18:00	Banquet
2nd	Hoya Resort Hotel – Chia-Yi HSR			Foreign athletes with
Aug	富野酒店-嘉義高鐵站	08:00	10:00	transportation package 購買交通套票之外國選手

Transport package for AsOC 2016 is offered at a cost of NT\$1200 and needed to be paid in advance.

交通套票必須事先購買,套票價格為1200元新臺幣。



# **Embargoed Areas**

# 禁制區域

This embargo applies to all potential AsOC 2016 team members (runners, team leaders, coaches, doctors, etc.)

適用於所有參加 AsOC 2016 比賽成員(含選手、隊職員、教練及隊醫等)。



Chia-Yi Park 嘉義公園

(GPS: 120.470371, 23559403)



Chia-Yi University 嘉義大學

(GPS: 120.483525, 23.463673)



Shinhua National Forest Arboretum 新化林場

(GPS: 120.352949, 23.026777)



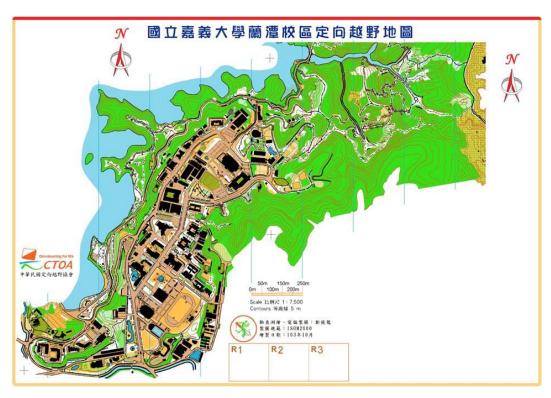
Tsou-Ma-Lai Farm 走馬瀨農場

(GPS: 120.429494, 23.137034)

# Old Maps 舊圖



Chia-Yi Park (ISSOM) 嘉義公園



Chia-Yi University (ISOM) 嘉義大學





Shinhua National Forest Arboretum 新化林場 (ISOM)



Tsou-Ma-Lai Farm 走馬瀨農場 (ISOM)

### Climate

# 氣候

In July and August the temperature ranges from 26°C to 38°C, humidity averages at 75% and an average of 76mm of rain falls.

七、八月臺灣的氣溫介於攝氏 26 至 36 度 C, 濕度平均達 75%, 平均降雨量為 76 釐米。

### **Insurance**

### 保險

It is a requirement for AsOC 2016 competitors and officials to have medical health and travel insurance during their staying period in Taiwan.

參加 AsOC 2016 之選手及隊職員於在臺灣參賽期間,必須自行投保醫療及旅行保險。

# **Asian Working Group Meeting**

# 亞洲工作小組會議

The Asian working group meeting will be organized at the event center at 8pm after the prize giving ceremony of middle competition and dinner on Friday July 29.

亞洲工作小組會議將於7月29日星期五,比賽之頒獎典禮後用完舉行,時間為下午8 點鐘於賽事中心辦理。

# **Asian Mapping Clinic**

# 亞洲繪圖講習

In conjunction with the Asian Orienteering Championships and thanks to the help by IOF council member Dominic Yue (HKG), Chinese Taipei Orienteering Association plans to host the Asian Orienteering Mapping Clinic during 22-24 April 2016 in Taiwan. This clinic aims at improving Asian orienteering mapping quality and recruiting more enthusiastic mapper to spread orienteering sport in Asia. More details are announced on CTOA webpage and AsOC 2016 webpage.

藉由亞洲定向越野錦標賽的舉辦,以及國際定向越野總會理事虞定宏先生的協助,中華臺北定向越野協會將於 2016 年 4 月 22-24 日於臺灣辦理亞洲定向越野繪圖講習。本次講習主要目的在於提升亞洲定向越野繪圖的水準,以及招募更多對定向越野運動懷有熱情之繪圖者,共同推廣亞洲定向越野運動。相關報名細節已於中華臺北定向越野協會網頁及 AsOC 2016 官方網頁公告。



# IOF Eventor Registration for AsOC M/W 21 Elite Classes (Emailed had been sent to all concerned on June 25)

參加 21 歲菁英組別之男女選手 IOF Eventor 註冊須知 (已經於 6 月 25 日發電郵通知有關會員國協會)

AsOC organizing committee is kindly to remind that all entries to AsOC 21E classes (WRE) need IOF Eventor account and IOF ID, which is created on the IOF Eventor webpage. This request applies to all 21 elite runners who enter the AsOC sprint and middle competitions on 28th and 29th of July. Asian federation team managers then need to make the WRE entries through the IOF Eventor role of "Team Manager". The deadline for IOF Eventor entries for AsOC 2016 will be 8th of July.

AsOC 組委會提醒所有參加 28 日短距離賽及 29 日中距離賽的菁英組選手們,必須要在 IOF 總會 Eventor 系統中先註冊認證及擁有個人帳號,再經由亞洲國家代表隊領隊在 Eventor 中註冊的"team manager"的身分,協助國家隊菁英選手進行亞錦賽的世界排名積分的團隊註冊。亞錦賽 IOF Eventor 註冊截止日期是七月八日。

### **Bulletin 4**

# 四號公告

More detail information will be published in the bulletin 4 四號公告將會刊登詳細資訊。







# The Male Entries of AsOC 2016 (Asian Region)

# 亞洲定向越野錦標賽男生組報名人數一覽表(亞洲區)

		M21E	M20E	M21	M20	M18	M16	M14	M12	M10	M35	M40	M45	M50	M55	M60	M65	M70+
*}	CHN	2	6	12	6	8	17	9	13	2	1	4	2					
*	HKG	10	1	5	2	6	7	3	9	3	2	5	9	6	7	5	1	1
	INA	3																
0	IRI		Still waiting for confirmation.															
•	JPN	7	6	2					1			1	2	5		1		1
	KAZ	1	1														1	
" <b>"</b> "	KOR	3									1	1	2	3	3	2	1	
	TPE	10	10	25	4	8	14	3	4	9	5	5	4	1	1			
TO	TAL	36 24 44 12 22 38 15 27 14 9 16 19 15										11	8	3	2			

# The Male Entries of AsOC 2016 (Non-Asian Region and Non-IOF Members)

# 2016 亞洲定向越野錦標賽男生組報名人數一覽表(非亞洲區及非 IOF 會員協會)

		M21E	M20E	M21	M20	M18	M16	M14	M12	M10	M35	M40	M45	M50	M55	M60	M65	M70+
	GBR																	
*	MAC			2		2	1											
	RUS			2														
	USA			1														
ТОТ	TAL	0	0	5	0	2	1	0	0	0	0	0	0	0	0	0	0	0

CLASSES	M21E	M20E	M21	M20	M18	M16	M14	M12	M10	M35	M40	M45	M50	M55	M60	M65	M70+
TOTAL	36	24	49	12	24	39	15	27	14	9	16	19	15	11	8	3	2

## The Female Entries of AsOC 2016 (Asian Region)

# 亞洲定向越野錦標賽女生組報名人數一覽表(亞洲區)

		W21E	W20E	W21	W20	W18	W16	W14	W12	W10	W35	W40	W45	W50	W55	W60	W65	W70+
**	CHN	3	5	2	1	5	5	6	10	2	2	1	1					
*	HKG	5	5	4		2	1	9	4	3	1	2	1	4	5	1		
	INA																	
•	IRI								Still waiti	ng for con	firmation.							
•	JPN	5	4	4						1		2	1					
	KAZ	1	1				1							1				
" • "	KOR	3		1	1		1	1			1		1	2	2	1		
	TPE	10	10	10	2	7	6	3	1		2	2	4					
ТО	TAL	27	25	21	4	14	14	19	15	6	6	7	8	7	7	2	0	0

# The Female Entries of AsOC 2016 (Non-Asian Region and Non-IOF Members)

# 2016 亞洲定向越野錦標賽女生組報名人數一覽表(非亞洲區及非 IOF 會員協會)

	W21E	W20E	W21	W20	W18	W16	W14	W12	W10	W35	W40	W45	W50	W55	W60	W65	W70+
GBR											1						
<b>●</b> MAC			1	1	2	1											
RUS																	
USA																	
TOTAL	0	0	1	1	2	1	0	0	0	0	1	0	0	0	0	0	0

CLASSES	W21E	W20E	W21	W20	W18	W16	W14	W12	W10	W35	W40	W45	W50	W55	W60	W65	W70+
TOTAL	27	25	22	5	16	15	19	15	6	6	8	8	7	7	2	0	0

## 2016 Asian Orienteering Championships Detailed Information about Courses

# 亞洲定向越野錦標賽 賽程資訊一覽表

1. SPRINT (Elite classes) & SPRINT 1 (other age classes): July 28

菁英組短距離賽與其他組別第一場短距離賽:7月28日舉行

Class	Length (km)	Total climb (m)	Number of control	Estimated winning time
組別	賽程長度(公里)	賽程爬高(公尺)	檢查點數量	預計勝出時間
W21E	2.5	50	17	15 min
M21E	2.7	50	19	15 min
W20E	2.5	50	15	15 min
M20E	2.6	50	17	15 min
W10	1.4	10	15	15 min
M10	1.4	10	15	15 min
W12	1.5	10	15	15 min
M12	1.5	10	15	15 min
W14	1.6	20	15	15 min
M14	1.6	20	15	15 min
W16	1.6	20	15	15 min
M16	1.6	20	15	15 min
W18	1.6	20	16	15 min
M18	1.6	20	16	15 min
W20	2.4	50	14	15 min
M20	2.5	50	16	15 min
W21	2.4	40	17	15 min
M21	2.6	40	18	15 min
W35	2.4	35	17	15 min
M35	2.4	35	17	15 min
W40	2.3	35	17	15 min
M40	2.3	35	17	15 min
W45	2.3	35	17	15 min
M45	2.3	35	17	15 min
W50	2.3	30	16	15 min
M50	2.3	30	16	15 min
W55	2.1	30	16	15 min
M55	2.1	30	16	15 min
W60	2.1	30	15	15 min
M60	2.1	30	16	15 min
M65	2.1	30	15	15 min
M70	2.1	30	15	15 min

# 2. MIDDLE (Elite classes) & MIDDLE 1 (other age classes): July 29

菁英組中距離賽與其他組別第一場中距離賽:7月29日舉行

Class 組別	Length (km) 賽程長度(公里)	Total climb (m) 賽程爬高(公尺)	Number of control 檢查點數量	Estimated winning time 預計勝出時間	Number of refreshment controls 水站數量
W21E	2.9	140	15	35 min	1
M21E	3.0	190	15	35 min	1
W20E	2.9	155	14	35 min	1
M20E	3.0	180	15	35 min	1
W10	2.1	120	13	25-30 min	1
M10	2.1	120	13	25-30 min	1
W12	2.2	135	14	25-30 min	1
M12	2.2	135	14	25-30 min	1
W14	2.2	135	14	25-30 min	1
M14	2.2	150	14	25-30 min	1
W16	2.2	150	14	25-30 min	1
M16	2.2	150	14	25-30 min	1
W18	2.4	150	14	25-30 min	1
M18	2.4	150	14	25-30 min	1
W20	2.4	150	14	25-30 min	1
M20	2.4	150	14	25-30 min	1
W21	2.5	140	14	30-35 min	1
M21	2.6	170	14	30-35 min	1
W35	2.5	140	14	30-35 min	1
M35	2.6	170	14	30-35 min	1
W40	2.4	170	15	30-35 min	1
M40	2.5	140	14	30-35 min	1
W45	2.4	170	15	30-35 min	1
M45	2.5	140	14	30-35 min	1
W50	2.4	150	14	25-30 min	1
M50	2.4	170	15	30-35 min	1
W55	2.4	150	14	25-30 min	1
M55	2.4	170	15	30-35 min	1
W60	2.4	150	14	25-30 min	1
M60	2.2	150	14	25-30 min	1
M65	2.2	150	14	25-30 min	1
M70	2.2	135	14	25-30 min	1



# 

Class 組別	Length (km) 賽程長度(公里)	Total climb (m) 賽程爬高(公尺)	Number of control 檢查點數量	Estimated winning time 預計勝出時間	Number of refreshment controls 水站數量
LEG 1	3.5	50	16	30 min	1
LEG 2	3.5	48	16	30 min	1
LEG 3	3.5	42	16	30 min	1
		Elite Rela	y Men		
LEG 1	3.5	60	20	30 min	1
LEG 2	3.5	58	20	30 min	1
LEG 3	3.5	50	20	30 min	1
		Elite 20 Rela	y Women		
LEG 1	3.4	46	16	30 min	1
LEG 2	3.4	44	16	30 min	1
LEG 3	3.4	44	16	30 min	1
		Elite 20 Re	lay Men		
LEG 1	3.6	58	18	30 min	1
LEG 2	3.5	52	18	30 min	1
LEG 3	3.5	58	18	30 min	1

Class 組別	Length (km) 賽程長度(公里)	Total climb (m) 賽程爬高(公尺)	Number of control 檢查點數量	Estimated winning time 預計勝出時間	Number of refreshment controls 水站數量
W10	2.4	26	15	25-30 min	1
M10	2.4	26	15	25-30 min	1
W12	2.6	42	15	25-30 min	1
M12	2.6	42	15	25-30 min	1
W14	2.6	42	15	25-30 min	1
M14	2.8	48	15	25-30 min	1
W16	2.6	42	15	25-30 min	1
M16	2.6	42	15	25-30 min	1
W18	3.4	38	17	30-35 min	1
M18	3.1	48	16	25-30 min	1
W20	3.4	38	17	30-35 min	1
M20	3.1	48	16	25-30 min	1
W21	3.2	38	15	30-35 min	1
M21	3.4	38	17	30-35 min	1
W35	3.2	38	15	30-35 min	1
M35	3.4	38	17	30-35 min	1
W40	3.2	48	16	30-35 min	1
M40	3.2	38	15	30-35 min	1
W45	3.2	48	16	30-35 min	1
M45	3.2	38	15	30-35 min	1
W50	3.1	48	16	25-30 min	1
M50	3.2	48	16	30-35 min	1
W55	3.1	48	16	25-30 min	1
M55	3.2	48	16	30-35 min	1
W60	3.1	48	16	25-30 min	1
M60	3.1	48	16	25-30 min	1
M65	3.1	48	16	25-30 min	1
M70	2.6	42	15	25-30 min	1



# 4. SPRINT RELAY (Elite classes) & SPRINT 2 (other age classes): August 1

菁英組短距離接力賽與其他組別第二場短距離賽:8月1日舉行

Class	Length (km)	Total climb (m)	Number of control	Estimated winning time
組別	賽程長度(公里)	賽程爬高(公尺)	檢查點數量	預計勝出時間
		Elite Sprint		
LEG 1 & 4	2.5	20	14	14
LEG 2 & 3	2.7-2.8	20	14	14
		Elite 20 Sprir	nt Relay	
LEG 1 & 4	2.5	20	12	13
LEG 2 & 3	2.5-2.6	20	13	13
W10	2.0	10	13	14
M10	2.0	10	13	14
W12	2.3	10	13	14
M12	2.3	10	13	14
W14	2.3	10	13	14
M14	2.3	10	13	14
W16	2.3	15	13	13
M16	2.3	15	13	13
W18	2.3	15	13	13
M18	2.3	15	13	13
W20	2.3	20	13	12
M20	2.3	20	13	12
W21	2.6	20	14	14
M21	2.7	20	14	14
W35	2.5	25	14	15
M35	2.5	25	14	15
W40	2.3	20	12	14
M40	2.3	20	12	14
W45	2.3	20	12	14
M45	2.3	20	12	14
W50	2.1	10	15	14
M50	2.1	10	15	14
W55	2.1	10	15	14
M55	2.1	10	15	14
W60	1.8	10	13	14
M60	1.8	10	13	14
M65	1.8	10	13	14
M70	1.8	10	13	14



Event: Sprint C	ass: M21E Date: 2	28th July
Federation:		
Contact person's email: _		
Early	Middle	Late
1.	2.	3.
4.	5.	6.
7.	8.	9.
Event: Sprint C	ate and be approved by the every service and the eve	28th July
Early	Middle	Late
1.	2.	3.
4.	5.	6.
7.	8.	9.

Signature of the team official:

This form must submit to the organizer at the event center in CCU by 5pm on 27th July. The start draw will be private and be approved by the event adviser.



Event: Sprint	Class: M20E	Date: 28th July
Federation:		
Contact person's emai	l:	
Early	Middle	Late
1.	2.	3.
4.	5.	6.
7.	8.	9.
Event: Sprint	Class: W20E	Date: 28th July
Federation:		
Contact person's emai	l:	
Early	Middle	Late
1.	2.	3.
4.	5.	6.
7.	8.	9.

This form must submit to the organizer at the event center in CCU by 5pm on 27th July. The start draw will be private and be approved by the event adviser.

Signature of the team official:

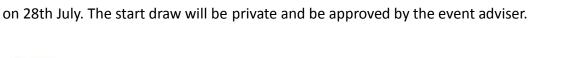


Event: Middle	Class: M21E Date	: 29th July
Federation:		
Contact person's email:		
Early	Middle	Late
1.	2.	3.
4.	5.	6.
7.	8.	9.
Event: Middle		: 29th July
Contact person's email:		
Early	Middle	Late
1.	2.	3.
4.	5.	6.
7.	8.	9.
	mature of the team official.	

This form must submit to the organizer at the event center at the Chia-Yi Park by 12:00 on 28th July. The start draw will be private and be approved by the event adviser.



Event: Middle	Class: M20E Da	te: 29th July
Federation:		
Contact person's email:		
Early	Middle	Late
1.	2.	3.
4.	5.	6.
7.	8.	9.
Event: Middle		te: 29th July
Federation:		
Contact person's email:		
Early	Middle	Late
1.	2.	3.
4.	5.	6.
7.	8.	9.
Si	gnature of the team official	



This form must submit to the organizer at the event center at the Chia-Yi Park by 12:00



ederation:		
Contact person's emai	il:	
	Team 1	Team 2
Leg 1		
Leg 2		
Leg 3		
	Cianatura of the team official.	
his form must submit	Signature of the team official:  to the organizer at the event of the event of the private and be approved by the control of t	center in CCU by 12:00 on 30th .
his form must submit he course draw will b	to the organizer at the event of the event of the private and be approved by the control of the	center in CCU by 12:00 on 30th .
This form must submit the course draw will be the cour	to the organizer at the event of the event of the private and be approved by the control of the	center in CCU by 12:00 on 30th in the event adviser.  31st July
This form must submit the course draw will be the cour	to the organizer at the event of the private and be approved by the control of th	center in CCU by 12:00 on 30th in the event adviser.  31st July
This form must submit the course draw will be expected by the cour	to the organizer at the event of the private and be approved by the control of th	center in CCU by 12:00 on 30th in the event adviser.  31st July
his form must submit he course draw will b  vent: Relay ederation:	to the organizer at the event of the private and be approved by the control of th	center in CCU by 12:00 on 30th she event adviser.  : 31st July
his form must submit he course draw will be event: Relay ederation:	to the organizer at the event of the private and be approved by the control of th	center in CCU by 12:00 on 30th she event adviser.  : 31st July

This form must submit to the organizer at the event center in CCU by 12:00 on 30th July. The course draw will be private and be approved by the event adviser.

ederation:		
Contact person's e	mail:	
	Team 1	Team 2
Leg 1		
Leg 2		
Leg 3		
	Signature of the team official: mit to the organizer at the event of the private and be approved by	center in CCU by 12:00 on 30
The course draw wi	mit to the organizer at the event	center in CCU by 12:00 on 30th the event adviser.
The course draw wi	mit to the organizer at the event	center in CCU by 12:00 on 30th the event adviser.  : 31st July
The course draw wi	mit to the organizer at the event of the private and be approved by the control of the control o	center in CCU by 12:00 on 30th the event adviser.  : 31st July
The course draw wi	mit to the organizer at the event of the private and be approved by the control of the control o	center in CCU by 12:00 on 30th the event adviser.  : 31st July
The course draw wi	mit to the organizer at the event of the private and be approved by Class: W20E Date	the event adviser.  : 31st July
The course draw wi	mit to the organizer at the event of the private and be approved by Class: W20E Date	the event adviser.  : 31st July

This form must submit to the organizer at the event center in CCU by 12:00 on 30th July. The course draw will be private and be approved by the event adviser.

ederation:		
ontact person's email:		
	Team 1	Team 2
Leg 1 (female)		
Leg 2 (male)		
Leg 3 (male)		
Leg4 (female)		
his form must submit to th 2:00 on 31st July. The cour	ne organizer at the everse draw will be priva	cial:ent center at Tsou-Ma-Lai Farr te and be approved by the ever  Date: 1st Aug
his form must submit to the 2:00 on 31st July. The cour	re organizer at the everse draw will be private organizer.  Class: 20E	ent center at Tsou-Ma-Lai Farr
this form must submit to the 2:00 on 31st July. The courtive section:	class: 20E	ent center at Tsou-Ma-Lai Farr te and be approved by the ever  Date: 1st Aug
his form must submit to the 2:00 on 31st July. The courtive systems of the cou	class: 20E	ent center at Tsou-Ma-Lai Farr te and be approved by the ever  Date: 1st Aug
his form must submit to the 2:00 on 31st July. The cour	class: 20E	ent center at Tsou-Ma-Lai Farr te and be approved by the ever  Date: 1st Aug
this form must submit to the 2:00 on 31st July. The courtivent: Sprint Relay ederation:  Contact person's email:	class: 20E	ent center at Tsou-Ma-Lai Farr te and be approved by the ever  Date: 1st Aug
his form must submit to the 2:00 on 31st July. The course seems seems to the course seems of the course se	class: 20E	ent center at Tsou-Ma-Lai Farr te and be approved by the ever  Date: 1st Aug

This form must submit to the organizer at the event center at Tsou-Ma-Lai Farm by 12:00 on 31st July. The course draw will be private and be approved by the event adviser





























